



PREVENTION EDUCATION

The Monterey County Rape Crisis Center provides comprehensive sexual violence and child abuse prevention education. MCRCC's Prevention Education Program includes:

- Presentations to K-12 students
- Year-long violence prevention clubs at high schools
- Teacher trainings
- School-wide events and campaigns

Child Abuse Prevention Program (CAPP)

CAPP presentations are a series of workshops that are offered in English and Spanish to students in 1st, 3rd, and 6th grade in public elementary schools. The program uses age appropriate language and addresses the following topics:

- Personal safety
- 3 Safety Steps (Say no, get away, and tell someone)
- Stranger awareness
- Safe / unsafe touch
- Identifying trusted adults
- Abuse is never the child's fault

Additionally, MCRCC provides teacher and parent presentations upon request.

For more information, contact our Child Abuse Prevention Educators at our Salinas or Monterey offices.

Violence Prevention Clubs

The My Life and MyStrength clubs were created to inspire young people to become involved in the movement to end sexual violence. My Life and MyStrength clubs foster an environment that empowers young people to embrace their strengths, make safe and healthy decisions in their lives, and create positive change in their communities.

Established in 1973, the Monterey County Rape Crisis Center (MCRCC) is a nonprofit agency whose mission is to provide ongoing advocacy, support and healing for all victims and survivors of sexual assault, human trafficking and child abuse; and to prevent sexual violence in our community through education.

www.mtryrapecrisis.org

24-Hour Crisis Lines: (831)

375-HELP or 424-HELP

Monterey Office
(831) 373-3955

Salinas Office
(831) 771-0411

prevention@mtryrapecrisis.org



@mtryrapecrisis



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The My Life clubs are open to students who identify as girls, transgender or non-binary and focus on topics including self-love and female empowerment. The MyStrength clubs are open to students who identify as boys, transgender or non-binary and focus on topics including redefining masculinity and shifting masculinity to be healthier for all. Both clubs promote healthy relationships as they are a core value towards ending sexual violence.

During Sexual Assault Awareness Month (SAAM), My Life and MyStrength club members use the knowledge and skills they have acquired throughout the school year to host campus wide events to help educate their peers on the prevalence of sexual violence and provide them with tools they can use to help stop it.

Contact us to learn more about MCRCC's prevention work, request presentations, or discuss collaboration.

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