



**Monterey County Rape Crisis Center**  
**Advocate Certification Training- *Tentative Schedule***  
**Fall 2008**

P.O.Box 2630 Monterey, CA 93942  
Office: (831) 373-3955  
Fax: (831) 373-3389  
**Crisis Line: (831) 375-4357**  
**(375-HELP)**

P.O. Box 2401, Salinas, CA 93902  
Office: (831) 771-0411  
Fax (831) 771-0105  
**Crisis Line: (831) 424-4357**  
**(424-HELP)**

Note: Training times are 9 am to 4:30 pm on the Saturdays, and 6-9 pm Tuesdays & Thursdays. Training sessions will be held at our offices located in Salinas & Monterey.

Day 1 - Saturday, September 13

- Ground rules & training goals
- History of the Rape Crisis movement
- Definitions of sexual assault, rape myths
- Advocate panel

Day 2 – Tuesday, September 16

- Teens – culture, issues, development, risks, counseling
- Rape prevention, drug facilitated rape
- Counseling Teens

Day 3 – Thursday, September 18

- Community resource panel
- Resources and referrals

Day 4 – Tuesday, September 23

- Crisis intervention technique, active listening
- Working with significant others

Day 5 – Thursday, September 25

- Rape Trauma Syndrome – effects of rape
- Domestic Violence
- Suicide prevention

Day 6 – Saturday, September 27

- Child abuse
- Diversity training – NCBI (National Coalition Building Institute)

Day 7 – Tuesday, September 30

- Survivor Panel
- Male Survivors
- My Strength

Day 8 – Thursday, October 2

- Adults molested as children, role play

Day 9 – Tuesday, October 7

- SART procedures-Natividad

Day 10 – Thursday, October 9

- Police procedures – Sand City Police Department or Salinas PD (?)

Day 11 – Tuesday, October 14

- Criminal justice process, civil remedy
- Victim of crime program

Day 12 – Thursday, October 16

- Problem callers, counselor self-care, role-play

Day 13 – Tuesday, October 21

- MRCC policies & procedures, record keeping, documentations, role play
- SART training (optional)

**Graduation Tuesday, November 4, 2008 at 5:45!!!**